4	UNIT	Content Title	NOTES
		Entry Page	
		1 INTRODUCTION	
☐	1		
☐	1	Issues People Face	
☐	1	What Can Go Wrong?	
		2 CASE STUDY	
☐	2		
☐	2	Steps to Address an Issue: Problem	
☐	2	Steps to Address an Issue: Solution	

4	UNIT	Content Title	NOTES
☐	2	All Steps One by One	
		2 PROBLEM ASSESSMENT	
☐	3		
☐	3	Initial Definition	
☐	3	Problem Assessment	
☐	3	Talk to the Person	
☐	3	Talk to the Person 2	

4	UNIT	Content Title	NOTES
☐	3	Talk to Others	
☐	3	Fact Finding	
☐	3	Found Issues	
☐	3	Found Issues 2	
		4 SOLUTION STRATEGIES	
☐	4	All Steps One by One	
☐	4	Proposed Solutions	

4	UNIT	Content Title	NOTES
☐	4	Proposed Solutions 2	
☐	4	Proposed Solutions 3	
☐	4	Proposed Solutions 4	
☐	4	Proposed Solutions 5	
☐	4	Proposed Solutions 6	
☐	4	Proposed Solutions 7	
		5 IMPLEMENTATION	
☐	5		

4	UNIT	Content Title	NOTES
☐	5	Is It Worth the Time?	
		6 SUPPORT DOMAINS	
☐	6	The Answer isn't Always Simple	
☐	6	Support Domains	
☐	6	On-Site Support Strategies	
☐	6	On-Site Support Strategies 2	
☐	6	On-Site Strategies	
☐	6	Off-Site Domains	

4	UNIT	Content Title	NOTES
		7 CAUTIONS	
☐	7		
☐	7	Cautions for Some Solutions 2	
☐	7	Inappropriate to Age	
☐	7	inappropriate to Setting	
		8 COGNITIVE DISTORTIONS	
☐	8		
☐	8	Overcoming Cognitive Distortion 2	
☐	8	Overcoming Cognitive Distortion 3	
☐	8	Overcoming Cognitive Distortion 4	

4	UNIT	Content Title	NOTES
☐	8	Overcoming Cognitive Distortion 5	
☐	8	Overcoming Cognitive Distortion 6	
		9 CONCLUSION	
☐	10		
☐	11	Summary	
		10 REVIEW	
☐			
☐			Review the Welcome to your Post-Test information.